

# Cocoa Beach Aquatic Center



**If You Have Children,  
Grandchildren, a Pool  
or Body of Water at  
or Near Your Home,  
This Course is FOR YOU!**

- Learn to recognize, respond to, and prevent aquatic emergencies.
- Recognize the common hazards associated with swimming pools and learn how to eliminate or minimize such hazards.
- Recognize the characteristics of someone who needs help in the water.
- Understand and perform self-rescue skills for aquatic emergencies.
- Learn to provide assistance to others using non-swimming rescues.
- Learn to perform proper techniques for possible head, neck, or back injuries.

*Cocoa Beach Aquatic Center is pleased to offer this and other American Red Cross Health & Safety courses as a service to our members and the community.*



# Basic Water Rescue



**Saturday  
April 18**

**8:30 am – 12:30 p.m.**

**Cost:**

**\$15 – Individual**

**\$25– Family (in same household)**

**PRE-REGISTRATION REQUIRED**

Register at the Cocoa Beach Aquatic Center

4800 Tom Warriner Blvd.

Cocoa Beach, FL 32931

321-868-3240

321-868-3327